# NPOPS PLAN SUMMARY OF BENEFITS AND COVERAGE DOCUMENT AUTHORIZATION

This authorization and agreement is made and entered into by Northern Kentucky University (the "Client") and Humana Health Plan, Inc. ("Humana"), effective January 01, 2020.

This authorization and agreement concerns the establishment and development of a contractual relationship between Humana and the Client for providing the Summary of Benefits and Coverage ("SBC") document which includes the accompanying non-discrimination notice and taglines document ("Notice"), with respect to Northern Kentucky University Health Plan (the "Plan").

The Client and Humana agree as follows:

- (a) Humana has created, on behalf of the Client, the SBC document based on benefits and provisions described in the New Case Document.
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- (c) Humana will create a final SBC for the Client, with the Notice attached to the SBC. The Client is responsible for the distribution of the SBC document with attached Notice to its plan participants.

The Client and Humana have caused this agreement to be executed by their respective officers or representatives as duly authorized.

### NORTHERN KENTUCKY UNIVERSITY

By: Bucil Smith		
Date: 1/6/2020		
	Accepted: HUMANA HEALTH PLAN, INC.	
	By: Tami Quiram Segment Vice President and President, Large and Smal	– 1 Group

# HDHP D1500 PLAN SUMMARY OF BENEFITS AND COVERAGE DOCUMENT AUTHORIZATION

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#### NORTHERN KENTUCKY UNIVERSITY

By: Bure T. Smith

Date: 1/6/2020	_
~ <b>y</b>	Accepted:  HUMANA HEALTH PLAN, INC.
	By: Tami Quiram
	Segment Vice President and President, Large and Small Group

# HDHP D2500 PLAN SUMMARY OF BENEFITS AND COVERAGE DOCUMENT AUTHORIZATION

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#### NORTHERN KENTUCKY UNIVERSITY

B 21 4

By: 10 mile A. famille	
Date: 1/6/2020	
	Accepted:
	HUMANA HEALTH PLAN, INC.
	By:
	Tami Quiram
	Segment Vice President and President, Large and Small Group

# HMO PLAN SUMMARY OF BENEFITS AND COVERAGE DOCUMENT AUTHORIZATION

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#### NORTHERN KENTUCKY UNIVERSITY

By: Buce R. Smith

Date: 1/10/2020		
	Accepted: <b>HUMANA</b> 1	HEALTH PLAN, INC.
	By: Tami Quiram	

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## NORTHERN KENTUCKY UNIVERSITY

By: Suce R. Smith

Date: 1/4/2020

Accepted:

HUMANA HEALTH PLAN, INC.

By:

Tami Ouiram

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NORTHERN KENTUCKY UNIVERSITY

By: / Sure Z. Amit Date: 1/6/2020

Accepted:

HUMANA HEALTH PLAN, INC.

Tami Quiram

# HDHP D2500 PLAN SUMMARY OF BENEFITS AND COVERAGE DOCUMENT AUTHORIZATION

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#### NORTHERN KENTUCKY UNIVERSITY

By: Sme Z. Smith

Date: 1/6/2020

Accepted:

HUMANA HEALTH PLAN, INC.

By: Tamı Quiram

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#### NORTHERN KENTUCKY UNIVERSITY

By: Buse R. Smith

Date: 1/6/2020

Accepted:

HUMANA HEALTH PLAN, INC.

By:

Tami Quiram

Coverage for: Individual +Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, email <u>benefits@nku.edu</u> or by calling

859-572-5200. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-qlossary">https://www.healthcare.gov/sbc-qlossary</a> or call 859-572-5200 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network Providers: \$1,500 Individual / \$3,000 Family for Non-Network Providers: \$3,000 Individual / \$6,000 Family Coinsurance and copayments don't count toward the deductible.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits.">https://www.healthcare.gov/coverage/preventive-care-benefits.</a>
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Network Providers: \$3,000 Individual / \$6,000 Family; for Non-Network Providers: \$6,000 Individual / \$12,000 Family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members on this <u>Plan</u> , the overall family <i>out-of-pocket limit</i> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, Balance-billing charges, Health care this plan doesn't cover, Penalties, Non-network Transplant.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www. www.humana.com/directories or call 1-866-4ASSIST (427-7478) for a list of network providers	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	10% after <u>deductible</u>	30% after <u>deductible</u>	Includes telehealth or telemedicine services.	
	Specialist visit	10% after <u>deductible</u>	30% after <u>deductible</u>	Includes telehealth or telemedicine services	
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	30% after <u>deductible</u>	- You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for - For Breast Feeding Counseling Non-PAR is No charge - Male Contraceptives Not covered for PAR and Non-PAR.	
	<u>Diagnostic test</u> (x-ray, blood work)	10% after <u>deductible</u>	30% after <u>deductible</u>	Cost share may vary based on where service is performed.	
If you have a test	Imaging (CT/PET scans, MRIs)	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>Cost share may vary based on where service is performed.</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>	
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.Humana.com	Generic and brand-name drugs	Carve-out	Carve-out	None	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% after <u>deductible</u>	30% after <u>deductible</u>	Preauthorization may be required - if not obtained, penalty will be 50%	
surgery	Physician/surgeon fees	10% after deductible	30% after <u>deductible</u>	None	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need	Emergency room care	10% after <u>deductible</u>	10% after PAR deductible	None	
immediate medical attention	Emergency medical transportation	10% after <u>deductible</u>	10% after PAR deductible	None	
	<u>Urgent care</u>	10% after deductible	30% after deductible	None	
If you have a hospital	Facility fee (e.g., hospital room)	10% after <u>deductible</u>	30% after <u>deductible</u>	Preauthorization may be required - if not obtained, penalty will be 50%	
stay	Physician/surgeon fees	10% after deductible	30% after deductible	None	
If you need mental	Outpatient services	10% after deductible	30% after deductible	None	
health, behavioral health, or substance abuse services	Inpatient services	10% after <u>deductible</u>	30% after <u>deductible</u>	None	
	Office visits	10% after <u>deductible</u>	30% after <u>deductible</u>	Cost sharing does not apply for preventive services.	
If you are pregnant	Childbirth/delivery professional services	10% after <u>deductible</u>	30% after <u>deductible</u>	Depending on the type of services, a <u>coinsurance</u> or <u>deductible</u> may apply.	
	Childbirth/delivery facility services	10% after <u>deductible</u>	30% after deductible	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>- 100 visits per year</li> <li>- <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%</li> </ul>	
If you need help recovering or have	Rehabilitation services	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>45 visits per year</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>	
other special health needs	Habilitation services	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>45 visits per year</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>	
	Skilled nursing care	10% after <u>deductible</u>	30% after <u>deductible</u>	- 60 days per year - <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%	

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event Services You May Need		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Durable medical equipment	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>Excludes vehicle modifications, home modifications, exercise, and bathroom equipment.</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>
	Hospice services	10% after <u>deductible</u>	30% after <u>deductible</u>	None
If your child needs	Children's eye exam	Not covered	Not covered	None
dental or eye care	Children's glasses	Not covered	Not covered	None
uciliai oi eye cale	Children's dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric Surgery
- Cosmetic Surgery, if to correct a functional impairment
- Dental Care
- Infertility Counseling and Treatment
- Long Term Care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
- Routine eye care (Adult), unless for an eye exam
- Routine Foot Care
- Weight Loss Programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture, unless it is prescribed by a physician for rehabilitation purposes
- Chiropractic Care spinal manipulations are covered (45 visits per year)
- Hearing Aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For group health coverage subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>
- For non-federal governmental group health plans, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.
- If your coverage is a church plan, church plans are not covered by the Federal COBRA continuation coverage rules.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- Your plan at calling 859-572-5200
- Department of Labor Employee Benefits Security Administration: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-4ASSIST (427-7478).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-4ASSIST (427-7478).

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-866-4ASSIST (427-7478).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-4ASSIST (427-7478).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
■ Other	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800
In this example, Peg would pay:	

Cost Sharing		
Deductibles	\$1,500	
Copayments	\$0	
Coinsurance	\$1,200	
What isn't covered		
Limits or exclusions	\$30	
The total Peg would pay is	\$2,730	

## **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
■ Other	10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

## In this example, Joe would pay:

Cost Sharing	
Deductibles	\$1,100
Copayments	\$0
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$6,000
The total Joe would pay is	\$7,200

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
■ Other	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

## In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,500
Copayments	\$0
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,700

# **Important!**

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
   Discrimination Grievances, P.O. Box 14618,
   Lexington, KY 40512-4618
   If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.

Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Language assistance services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

**Español (Spanish):** Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 撥打上面的電話號碼即可獲得免費語言援助服務。

**Tiếng Việt (Vietnamese):** Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오.

**Tagalog (Tagalog – Filipino):** Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

**Русский (Russian):** Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

**Kreyòl Ayisyen (French Creole):** Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.

**Français (French):** Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.

**Polski (Polish):** Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.

**Português (Portuguese):** Ligue para o número acima indicado para receber serviços linguísticos, grátis.

**Italiano (Italian):** Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.

**Deutsch (German):** Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

日本語 (Japanese): 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

(Farsi) فارسی

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

**Diné Bizaad (Navajo):** Wódahí béésh bee hani'í bee wolta'ígíí bich'í' hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé niká'adoowoł.

(Arabic) العربية

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك

Coverage for: Individual +Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, email <a href="mailto:benefits@nku.edu">benefits@nku.edu</a> or by calling 859-572-5200. For general definitions of common terms, such as <a href="mailto:allowed">allowed</a> <a href="mailto:amount">amount</a>, <a href="mailto:belling">belling</a>, <a href="mailto:coinsurance">coinsurance</a>, <a href="mailto:coinsurance">copayment</a>, <a href="mailto:deductible">deductible</a>, <a href="mailto:provider">provider</a>, or other <a href="mailto:underlined">underlined</a> <a href="mailto:terms">terms</a> see the Glossary. You can view the Glossary at <a href="mailto:https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 859-572-5200 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network Providers: \$2,500 Individual / \$5,000 Family for Non-Network Providers: \$6,000 Individual / \$12,000 Family Coinsurance and copayments don't count toward the deductible.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits.">https://www.healthcare.gov/coverage/preventive-care-benefits.</a>
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Network Providers: \$3,425 Individual / \$6,850 Family; for Non-Network Providers: \$10,000 Individual / \$20,000 Family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members on this <u>Plan</u> , the overall family <i>out-of-pocket limit</i> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, Balance-billing charges, Health care this plan doesn't cover, Penalties, Non-network Transplant.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www. www.humana.com/directories or call 1-866-4ASSIST (427-7478) for a list of network providers	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral.</u>

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	10% after <u>deductible</u>	30% after <u>deductible</u>	Includes telehealth or telemedicine services.	
	Specialist visit	10% after <u>deductible</u>	30% after <u>deductible</u>	Includes telehealth or telemedicine services	
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	30% after <u>deductible</u>	- You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for - For Breast Feeding Counseling Non-PAR is No charge - Male Contraceptives Not covered for PAR and Non-PAR.	
	<u>Diagnostic test</u> (x-ray, blood work)	10% after <u>deductible</u>	30% after <u>deductible</u>	Cost share may vary based on where service is performed.	
If you have a test	Imaging (CT/PET scans, MRIs)	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>Cost share may vary based on where service is performed.</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>	
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.Humana.com	Generic and brand-name drugs	Carve-out	Carve-out	None	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% after <u>deductible</u>	30% after <u>deductible</u>	Preauthorization may be required - if not obtained, penalty will be 50%	
surgery	Physician/surgeon fees	10% after deductible	30% after <u>deductible</u>	None	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need	Emergency room care	10% after <u>deductible</u>	10% after PAR deductible	None	
immediate medical attention	Emergency medical transportation	10% after <u>deductible</u>	10% after PAR deductible	None	
	<u>Urgent care</u>	10% after deductible	30% after deductible	None	
If you have a hospital	Facility fee (e.g., hospital room)	10% after <u>deductible</u>	30% after <u>deductible</u>	Preauthorization may be required - if not obtained, penalty will be 50%	
stay	Physician/surgeon fees	10% after deductible	30% after deductible	None	
If you need mental	Outpatient services	10% after deductible	30% after deductible	None	
health, behavioral health, or substance abuse services	Inpatient services	10% after <u>deductible</u>	30% after <u>deductible</u>	None	
	Office visits	10% after <u>deductible</u>	30% after <u>deductible</u>	Cost sharing does not apply for preventive services.	
If you are pregnant	Childbirth/delivery professional services	10% after <u>deductible</u>	30% after <u>deductible</u>	Depending on the type of services, a <u>coinsurance</u> or <u>deductible</u> may apply.	
	Childbirth/delivery facility services	10% after <u>deductible</u>	30% after deductible	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>- 100 visits per year</li> <li>- <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%</li> </ul>	
If you need help recovering or have	Rehabilitation services	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>45 visits per year</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>	
other special health needs	Habilitation services	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>45 visits per year</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>	
	Skilled nursing care	10% after <u>deductible</u>	30% after <u>deductible</u>	- 60 days per year - <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Durable medical equipment	10% after <u>deductible</u>	30% after <u>deductible</u>	<ul> <li>Excludes vehicle modifications, home modifications, exercise, and bathroom equipment.</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>	
	Hospice services	10% after <u>deductible</u>	30% after deductible	None	
If your child needs	Children's eye exam	Not covered	Not covered	None	
dental or eye care	Children's glasses	Not covered	Not covered	None	
dental of eye care	Children's dental check-up	Not covered	Not covered	None	

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric Surgery
- Cosmetic Surgery, if to correct a functional impairment
- Dental Care
- Infertility Counseling and Treatment
- Long Term Care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
- Routine eye care (Adult), unless for an eye exam
- Routine Foot Care
- Weight Loss Programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture, unless it is prescribed by a physician for rehabilitation purposes
- Chiropractic Care spinal manipulations are covered (45 visits per year)
- Hearing Aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For group health coverage subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>
- For non-federal governmental group health plans, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.
- If your coverage is a church plan, church plans are not covered by the Federal COBRA continuation coverage rules.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- Your plan at calling 859-572-5200
- Department of Labor Employee Benefits Security Administration: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-4ASSIST (427-7478).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-4ASSIST (427-7478).

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-866-4ASSIST (427-7478).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-4ASSIST (427-7478).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
■ Other	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800
In this example, Peg would pay:	

Cost Sharing	
Deductibles	\$2,500
Copayments	\$0
Coinsurance	\$1,200
What isn't covered	
Limits or exclusions	\$30
The total Peg would pay is	\$3,730

## **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
■ Other	10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

## In this example, Joe would pay:

Cost Sharing		
Deductibles	\$1,100	
Copayments	\$0	
Coinsurance	\$100	
What isn't covered		
Limits or exclusions	\$6,000	
The total Joe would pay is	\$7,200	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
■ Other	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

## In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,700	
Copayments	\$0	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions \$6		
The total Mia would pay is	\$1,900	

# **Important!**

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
   Discrimination Grievances, P.O. Box 14618,
   Lexington, KY 40512-4618
   If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.

Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Language assistance services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

**Español (Spanish):** Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 撥打上面的電話號碼即可獲得免費語言援助服務。

**Tiếng Việt (Vietnamese):** Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오.

**Tagalog (Tagalog – Filipino):** Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

**Русский (Russian):** Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

**Kreyòl Ayisyen (French Creole):** Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.

**Français (French):** Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.

**Polski (Polish):** Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.

**Português (Portuguese):** Ligue para o número acima indicado para receber serviços linguísticos, grátis.

**Italiano (Italian):** Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.

**Deutsch (German):** Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

日本語 (Japanese): 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

(Farsi) فارسی

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

**Diné Bizaad (Navajo):** Wódahí béésh bee hani'í bee wolta'ígíí bich'í' hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé niká'adoowoł.

(Arabic) العربية

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك

Coverage for: Individual +Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, email <a href="mailto:benefits@nku.edu">benefits@nku.edu</a> or by calling 859-572-5200. For general definitions of common terms, such as <a href="mailto:allowed\_amount">allowed\_amount</a>, <a href="mailto:belling">belling</a>, <a href="mailto:coinsurance">coinsurance</a>, <a href="mailto:coinsurance">copayment</a>, <a href="mailto:deductible">deductible</a>, <a href="mailto:provider">provider</a>, or other <a href="mailto:underlined">underlined</a> terms see the Glossary. You can view the Glossary at <a href="mailto:https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 859-572-5200 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network Providers: \$2,000 Individual / \$4,000 Family for Non-Network Providers: Not covered Coinsurance and copayments don't count toward the deductible.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , Office Visit, <u>Emergency Room Care</u> , <u>Urgent Care</u> , <u>Therapies</u> and <u>Prescription Drugs</u> are covered before you meet your <u>deductible</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits.">https://www.healthcare.gov/coverage/preventive-care-benefits.</a>
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Network Providers: \$4,500 Individual / \$9,000 Family; for Non-Network Providers: Not covered	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limits</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , <u>Balance-billing</u> charges, Health care this <u>plan</u> doesn't cover, Penalties, <u>Non-network</u> Transplant.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www. www.humana.com/directories or call 1-866-4ASSIST (427-7478) for a list of network providers	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit <u>deductible</u> does not apply	Not covered	Includes telehealth or telemedicine services.
If you visit a health	Specialist visit	\$55 <u>copay</u> /visit <u>deductible</u> does not apply	Not covered	Includes telehealth or telemedicine services.
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for - Male Contraceptives Not covered for PAR
Marie barra a tant	Diagnostic test (x-ray, blood work) -Inpatient -Outpatient	No charge 20% after <u>deductible</u>	Not covered	Cost share may vary based on where service is performed.
If you have a test	Imaging (CT/PET scans, MRIs)	20% after <u>deductible</u>	Not covered	<ul> <li>Cost share may vary based on where service is performed.</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>
If you need drugs to	Level 1 - Lowest cost generic and brand-name drugs:			
condition	brand-name drugs:	Net covered	Nana	
prescription drug coverage is available at www.humana.com	Level 3 - Generic and brand- name drugs with higher cost than Level 2:	Carved out	Not covered	None
	Level 4 - Highest cost drugs			
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% after <u>deductible</u>	Not covered	Preauthorization may be required - if not obtained, penalty will be 50%

Common		What You	Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Physician/surgeon fees	20% after <u>deductible</u>	Not covered	None
If you need	Emergency room care	\$250 <u>copay</u> /visit <u>deductible</u> does not apply	\$250 <u>copay</u> /visit <u>deductible</u> does not apply	Copay waived if admitted
immediate medical attention	Emergency medical transportation	20% after <u>deductible</u>	20% after PAR deductible	None
attention	<u>Urgent care</u>	\$75 <u>copay</u> /visit <u>deductible</u> does not apply	Not covered	None
If you have a hospital	Facility fee (e.g., hospital room)	20% after <u>deductible</u>	Not covered	<u>Preauthorization</u> may be required - if not obtained, penalty will be 50%
stay	Physician/surgeon fees	20% after deductible	Not covered	None
If you need mental health, behavioral health, or substance	Outpatient services	\$25 <u>copay</u> /visit <u>deductible</u> does not apply	Not covered	None
abuse services	Inpatient services	20% after <u>deductible</u>	Not covered	None
	Office visits	\$25 PCP/ \$55 Specialist copay/visit deductible does not apply	Not covered	Cost sharing does not apply for preventive services.
If you are pregnant	Childbirth/delivery professional services	20% after <u>deductible</u>	Not covered	Depending on the type of services, a <u>coinsurance</u> or <u>deductible</u> may apply.
	Childbirth/delivery facility services	20% after <u>deductible</u>	Not covered	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
If you need help	Home health care	20% after <u>deductible</u>	Not covered	<ul> <li>- 100 Visits per year</li> <li>- <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%</li> </ul>
recovering or have other special health needs	Rehabilitation services Physical & Occupational	\$25 copay/visit deductible does not apply	Not covered	- 30 Visits per year - <u>Preauthorization</u> may be required - if not
	All other Therapies	\$55 <u>copay</u> /visit <u>deductible</u> does not apply		obtained, penalty will be 50%

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Habilitation services Physical & Occupational All other Therapies	\$25 copay/visit deductible does not apply  \$55 copay/visit deductible does not apply	Not covered	- 30 Visits per year - <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%
	Skilled nursing care	20% after <u>deductible</u>	Not covered	<ul> <li>- 60 days per year</li> <li>- <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%</li> </ul>
	Durable medical equipment	20% after <u>deductible</u>	Not covered	<ul> <li>Excludes vehicle modifications, home modifications, exercise, and bathroom equipment.</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>
	Hospice services	No charge	Not covered	None
If your child needs	Children's eye exam Children's glasses	Not covered Not covered	Not covered Not covered	None None
dental or eye care	Children's dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric Surgery
- Cosmetic Surgery, if to correct a functional impairment
- Dental Care

- Hearing Aids
- Long Term Care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
- Routine eye care (Adult), unless for an eye exam
- Routine Foot Care
- Weight Loss Programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture, unless it is prescribed by a physician for rehabilitation purposes
- Chiropractic Care spinal manipulations are covered (30 visits per year)
- Infertility

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For group health coverage subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>
- For non-federal governmental group health plans, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.
- If your coverage is a church plan, church plans are not covered by the Federal COBRA continuation coverage rules.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- Your plan at calling 859-572-5200
- Department of Labor Employee Benefits Security Administration: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-4ASSIST (427-7478).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-4ASSIST (427-7478).

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-866-4ASSIST (427-7478).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-4ASSIST (427-7478).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
Specialist copayment	\$55
■ Hospital (facility) coinsurance	20%
■ Other	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

In this example Pea would nave

<b>Total Example Cost</b>	\$12,800

ili tilis example, reg would pay.			
Cost Sharing			
Deductibles	\$2,000		
Copayments	\$0		
Coinsurance	\$2,300		
What isn't covered			
Limits or exclusions \$30			
The total Peg would pay is \$4,33			

## **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a wellcontrolled condition)

The plan's overall deductible	\$2,000
■ Specialist copayment	\$55
■ Hospital (facility) coinsurance	20%
■ Other	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

Durable medical equipment (glucose meter)

In this example, Joe would pay:			
Cost Sharing			
Deductibles	\$0		
Copayments	\$300		
Coinsurance			
What isn't covered			
Limits or exclusions \$6,			
The total Joe would pay is	\$6,300		

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$2,000
■ Specialist copayment	\$55
Hospital (facility) coinsurance	20%
■ Other	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,400

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

## In this example. Mia would pay:

Cost Sharing		
Deductibles \$700		
Copayments	\$500	
Coinsurance \$20		
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,400	

# **Important!**

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
   Discrimination Grievances, P.O. Box 14618,
   Lexington, KY 40512-4618
   If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.

Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Language assistance services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

**Español (Spanish):** Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 撥打上面的電話號碼即可獲得免費語言援助服務。

**Tiếng Việt (Vietnamese):** Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오.

**Tagalog (Tagalog – Filipino):** Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

**Русский (Russian):** Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

**Kreyòl Ayisyen (French Creole):** Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.

**Français (French):** Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.

**Polski (Polish):** Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.

**Português (Portuguese):** Ligue para o número acima indicado para receber serviços linguísticos, grátis.

**Italiano (Italian):** Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.

**Deutsch (German):** Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

日本語 (Japanese): 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

(Farsi) فارسی

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

**Diné Bizaad (Navajo):** Wódahí béésh bee hani'í bee wolta'ígíí bich'í' hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé niká'adoowoł.

(Arabic) العربية

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك

Coverage for: Individual +Family | Plan Type: NPOS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, email <a href="mailto:benefits@nku.edu">benefits@nku.edu</a> or by calling 859-572-5200. For general definitions of common terms, such as <a href="mailto:allowed\_amount">allowed\_amount</a>, <a href="mailto:belling">belance\_billing</a>, <a href="mailto:coinsurance">coinsurance</a>, <a href="mailto:coinsurance">copayment</a>, <a href="mailto:deductible">deductible</a>, <a href="mailto:provider">provider</a>, or other <a href="mailto:underlined">underlined</a> terms see the Glossary. You can view the Glossary at <a href="mailto:https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 859-572-5200 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network Providers: \$1,000 Individual / \$2,000 Family for Non-Network Providers: \$3,000 Individual / \$6,000 Family Coinsurance and copayments don't count toward the deductible.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , Office Visit, <u>Emergency Room Care</u> , <u>Urgent Care</u> , <u>Therapies</u> and <u>Prescription Drugs</u> are covered before you meet your <u>deductible</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits.">https://www.healthcare.gov/coverage/preventive-care-benefits.</a>
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Network Providers: \$4,000 Individual / \$8,000 Family; for Non-Network Providers: \$12,000 Individual / \$24,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, Balance-billing charges, Health care this plan doesn't cover, Penalties, Non-network Transplant.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www. www.humana.com/directories or call 1-866-4ASSIST (427-7478) for a list of network providers	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You	What You Will Pay	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$25 copay/visit deductible does not apply	50% after <u>deductible</u>	Includes telehealth or telemedicine services.
	Specialist visit	\$40 <u>copay</u> /visit <u>deductible</u> does not apply	50% after <u>deductible</u>	Includes telehealth or telemedicine services.
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	50% after deductible	<ul> <li>You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for</li> <li>Breast feeding counseling No charge for non-PAR.</li> <li>Male Contraceptives Not covered for PAR and Non-PAR</li> </ul>
If you have a toot	Diagnostic test (x-ray, blood work) -Inpatient -Outpatient	No charge 20% after <u>deductible</u>	50% after <u>deductible</u> 50% after <u>deductible</u>	Cost share may vary based on where service is performed.
If you have a test	Imaging (CT/PET scans, MRIs)	20% after <u>deductible</u>	50% after <u>deductible</u>	<ul> <li>Cost share may vary based on where service is performed.</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you need drugs to	Level 1 - Lowest cost generic and brand-name drugs:			
treat your illness or condition	Level 2 - Higher cost generic and brand-name drugs:			
More information about prescription drug coverage is available at www.humana.com	Level 3 - Generic and brand- name drugs with higher cost than Level 2:	Carved out	Carved out	None
at www.mamana.som	Level 4 - Highest cost drugs			
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% after <u>deductible</u>	50% after <u>deductible</u>	- <u>Preauthorization</u> may be required - if not obtained, penalty will be 50% - Must cover the same as services rendered by a hospital
	Physician/surgeon fees	20% after deductible	50% after <u>deductible</u>	None
If you need	Emergency room care	\$200 copay/visit deductible does not apply	\$200 copay/visit deductible does not apply	Copay waived if admitted
immediate medical attention	Emergency medical transportation	20% after <u>deductible</u>	20% after PAR deductible	None
utternion	<u>Urgent care</u>	\$40 <u>copay</u> /visit <u>deductible</u> does not apply	50% after <u>deductible</u>	None
If you have a hospital	Facility fee (e.g., hospital room)	20% after <u>deductible</u>	50% after <u>deductible</u>	<u>Preauthorization</u> may be required - if not obtained, penalty will be 50%
stay	Physician/surgeon fees	20% after <u>deductible</u>	50% after <u>deductible</u>	None
If you need mental health, behavioral health, or substance	Outpatient services	\$25 <u>copay</u> /visit <u>deductible</u> does not apply	50% after <u>deductible</u>	None
abuse services	Inpatient services	20% after deductible	50% after <u>deductible</u>	None
If you are pregnant	Office visits	\$25 PCP/ \$40 Specialist copay/visit deductible does not apply	50% after <u>deductible</u>	Cost sharing does not apply for preventive services.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Childbirth/delivery professional services	20% after <u>deductible</u>	50% after <u>deductible</u>	Depending on the type of services, a <u>coinsurance</u> or <u>deductible</u> may apply.
	Childbirth/delivery facility services	20% after <u>deductible</u>	50% after <u>deductible</u>	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	20% after <u>deductible</u>	50% after <u>deductible</u>	<ul> <li>- 100 Visits per year</li> <li>- <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%</li> </ul>
	Rehabilitation services Physical & Occupational  All other Therapies  \$25 \( \frac{\text{copay}}{\text{visit deductible}} \) does not apply  \$20% \( \text{after deductible} \)	50% after <u>deductible</u>	- 60 Visits per year - <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%	
If you need help recovering or have other special health needs	Habilitation services Physical & Occupational  All other Therapies	\$25 copay/visit deductible does not apply \$20% after deductible	50% after <u>deductible</u>	- 60 Visits per year - <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%
	Skilled nursing care	20% after <u>deductible</u>	50% after <u>deductible</u>	- 60 days per year - <u>Preauthorization</u> may be required - if not obtained, penalty will be 50%
	Durable medical equipment	20% after <u>deductible</u>	50% after <u>deductible</u>	<ul> <li>Excludes vehicle modifications, home modifications, exercise, and bathroom equipment.</li> <li>Preauthorization may be required - if not obtained, penalty will be 50%</li> </ul>
	Hospice services	No charge	No charge	None
If your obild poods	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric Surgery
- Cosmetic Surgery, if to correct a functional impairment
- Dental Care

- Infertility
- Long Term Care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
- Routine eye care (Adult), unless for an eye exam
- Routine Foot Care
- Weight Loss Programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture, unless it is prescribed by a physician for rehabilitation purposes
- Chiropractic Care spinal manipulations are covered (60 visits per year)
- Hearing Aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

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- For non-federal governmental group health plans, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.
- If your coverage is a church plan, church plans are not covered by the Federal COBRA continuation coverage rules.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Your plan at calling 859-572-5200
- Department of Labor Employee Benefits Security Administration: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform

#### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

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If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

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Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-866-4ASSIST (427-7478).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-4ASSIST (427-7478).

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

\$1,000
\$40
20%
20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$1,000
Copayments	\$0
Coinsurance	\$2,300
What isn't covered	
Limits or exclusions	\$30
The total Peg would pay is	\$3,330

## **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$1,000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
■ Other	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

\$12,800

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$0	
Copayments	\$300	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$6,000	
The total Joe would pay is	\$6,300	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,000
■ Specialist copayment	\$40
Hospital (facility) coinsurance	20%
■ Other	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,400

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

## In this example, Mia would pay:

Cost Sharing	
Deductibles	\$700
Copayments	\$400
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,300

# **Important!**

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
   Discrimination Grievances, P.O. Box 14618,
   Lexington, KY 40512-4618
   If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.

Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Language assistance services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

**Español (Spanish):** Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 撥打上面的電話號碼即可獲得免費語言援助服務。

**Tiếng Việt (Vietnamese):** Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오.

**Tagalog (Tagalog – Filipino):** Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

**Русский (Russian):** Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

**Kreyòl Ayisyen (French Creole):** Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.

**Français (French):** Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.

**Polski (Polish):** Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.

**Português (Portuguese):** Ligue para o número acima indicado para receber serviços linguísticos, grátis.

**Italiano (Italian):** Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.

**Deutsch (German):** Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

日本語 (Japanese): 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

(Farsi) فارسی

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

**Diné Bizaad (Navajo):** Wódahí béésh bee hani'í bee wolta'ígíí bich'í' hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé niká'adoowoł.

(Arabic) العربية

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك